

Phazix[®]

Pill Swallowing Gel



Swallowing made simpler to improve resident care

NEW
Phazix[®]
LEVEL 3
Vanilla

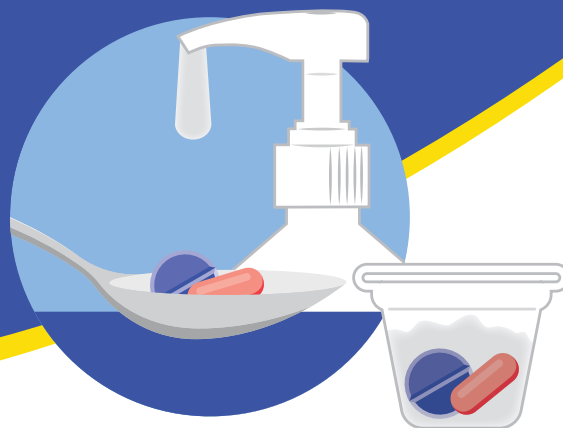
NEW NAME
Phazix[®]
LEVEL 4
Vanilla



Phazix® is a **SIMPLE** option for those who have pill swallowing difficulties

On average,
15-33%

OF LONG-TERM CARE RESIDENTS
have some level of
swallowing difficulties.¹



Because there are so many potential reasons for swallowing difficulties—dislike of large tablets, discomfort, fear of choking, dry mouth, and more—it's difficult to develop a protocol to help residents take medications comfortably.

- Crushing, splitting or mixing medications with apple sauce or other carriers are common solutions. But this takes time, and, in some cases, crushing and/or mixing medications can adversely affect their efficacy.²
- Some antibiotics should not be taken with dairy products.³
- Some medications should not be taken with fruit juices, which can increase or decrease drug levels.⁴

For all of these reasons,
Phazix Level 3 or Phazix Level 4
from ARKRAY may be a simpler
option for people with pill
swallowing difficulties.



What makes it simpler

- Breaks down quickly in the stomach and has no known effect on medication absorption rate.
- A teaspoon may replace food carriers, such as applesauce or pudding, which can adversely affect the therapeutic benefit of the medication.^{4,5}
- The natural flavor and aroma may mask the unpleasant taste and smell of medications providing a more pleasant experience for your residents.
- A teaspoon has less sugar than applesauce: 0.55g/1 tsp compared to 1.06g/1 tsp Mott's brand applesauce.*
- Making medications easier to take may result in less coaching and time to take medications.
- Easy to have nearby on the med cart. No refrigeration or ice needed like food carriers.
- Available in 2 IDDSI levels for different challenges with swallowing medications:
 - Level 3 Moderately Thick
 - Level 4 Extremely Thick

*<https://www.motts.com/products/regular-applesauce/apple-applesauce>

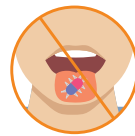
Improve efficiencies by lessening staff time in these areas:



Administering medication with a food source



Crushing or splitting medication



Coaching residents who have spit out medication due to taste or texture

How it works

1) Mouth

- Phazix forms a strong bolus in the mouth, with high shear stress to minimize chance of aspiration.
- Helps lubrication of mouth and throat, and may stimulate saliva.

2) Esophagus

- Phazix is slippery and helps transport medication from mouth to stomach.
- Slipperiness minimizes the friction between medication and the esophageal lining.

3) Stomach

- Phazix is broken down quickly by gastric acid and doesn't form a barrier for the body to absorb medication.
- Carrageenan cannot withstand the low pH of gastric acid.
- Phazix is excreted normally.

4) Duodenum

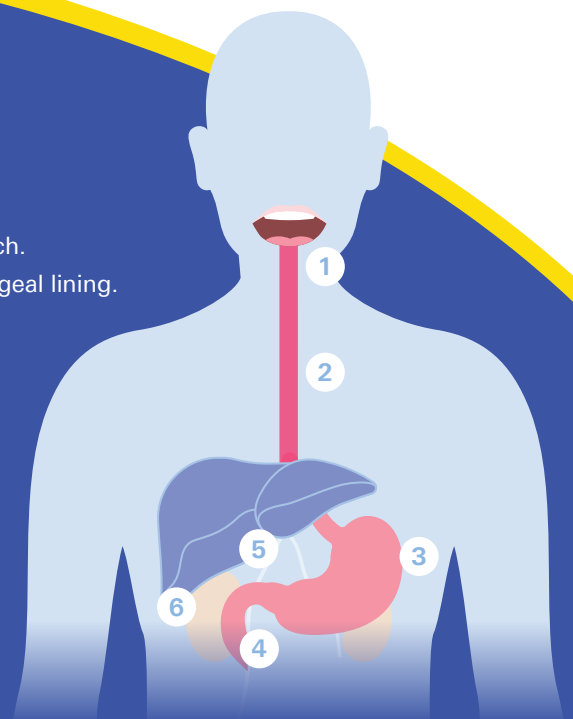
- Because Phazix as a carrier is no longer present in the duodenum, the medication is fully available to be absorbed and transported the way the manufacturer intended.

5) Bloodstream

- Medication is readily available to be transported to targeted tissue.

6) Liver / Kidneys

- Normal excretion via bile, feces and urine.



From a trusted source

Phazix Pill Swallowing Gel belongs to the high quality, reliable ARKRAY product portfolio professional healthcare facilities and staffs have come to know and trust.

For your staff, using a pill swallowing gel saves time, eliminates the need for additional food items, and simply transforms the hassles of pill-swallowing into a pleasant, comfortable experience.



BOTTOM LINE

Phazix Pill Swallowing Gel will improve your medication administration protocol for residents and the people who care for them.



Phazix Pill Swallowing Gel Level 3

3 MODERATELY THICK*

Vanilla flavor

Ingredients: Water, sugar, carrageenan, maltodextrin, potassium sorbate (preservative), calcium chloride, citric acid, natural flavor. Gluten-free.

Phazix Pill Swallowing Gel Level 4

4 EXTREMELY THICK*

Vanilla flavor

Ingredients: Water, dried glucose syrup, sugar, maltodextrin, carrageenan, potassium sorbate (preservative), citric acid, natural flavor. Gluten-free

ORDER DETAILS

	Product Description	Flavor	Oz.	Case Qty.	Product #	UPC 015482-
NEW	Phazix Pill Swallowing Gel Level 3	Vanilla	16.9	6	1000004	10004-9
NEW NAME	Phazix Pill Swallowing Gel Level 4	Vanilla	16.9	6	1000002	10002-5

Visit Phazix.com

References

1. Morris H. Administering drugs to residents with swallowing difficulties. Sept 2005. <https://www.nursingtimes.net/clinical-archive/medicine-management/administering-drugs-to-patients-with-swallowing-difficulties/203613.article>
2. Forough A. A spoonful of sugar helps the medicine go down? A review of strategies for making pills easier to swallow. Patient Preference and Adherence. 2018;12: 1337-1346.
3. Bushra R, Aslam N, and Yar Khan A. Food-Drug Interactions. Oman Medical Journal. Jan 2011; 26(2): 77-83.
4. Moses G. Don't Take Your Medicine With Fruit Juice! MIMS Matters. <https://www.gloup.eu/files/geraldine-moses-dont-take-your-medicine-with-fruit-juice.pdf>
5. McCabe-Sellers B, Frankel E H, Wolfe J. Handbook of Food-Drug Interactions. Boca Raton, FL: CRC Press. 2003; 12: 262-266.

*See IDDSI.org for more information on thickness level.

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PH-1214-v1 Rev. 11/20